

Thoughtfully Crafted. Elegantly Served.

MIENU



THE
FRESHLYMADE
R E S T O C A F E

SOUPS ALL DAY

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| <p>🕒 Cream of Roasted Mushroom ₹225</p> <p><i>Velvety white cream soup blended with finely ground forest mushrooms & herbs, served with butter-toasted garlic bread.</i></p> | <p>🕒 Cream of Mushroom — Chicken ₹265</p> <p><i>Rich, velvety mushroom soup with tender chicken, slow-simmered and finished with cream and aromatic herbs.</i></p> |
| <p>🕒 Broccoli & Almond ₹235</p> <p><i>Smooth broccoli cream soup blended with roasted almonds for a rich, nutty finish, served with butter-toasted garlic bread.</i></p> | <p>🕒 Broccoli & Almond — Chicken ₹265</p> <p><i>Velvety broccoli and almond cream soup enriched with tender chicken, served with butter-toasted garlic bread.</i></p> |

STARTERS & SIDES ALL DAY

— VEGETARIAN —

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| <p>🕒 Golden Paneer Nest NEW ₹390</p> <p><i>Crispy paneer layered over mashed potato and mozzarella, finished with crispy kunafa and served with a creamy dip.</i></p> | <p>🕒 Corn & Spinach Croquettes ₹280</p> <p><i>A comforting blend of sweet corn, spinach & mashed potato, enriched with melted mozzarella and finished in a spicy mayo sauce.</i></p> |
| <p>🕒 Stuffed Mushroom Bites ₹325</p> <p><i>Juicy mushrooms stuffed with finely chopped broccoli and mozzarella cheese, baked to perfection and served with a bold spicy mayo dip.</i></p> | <p>🕒 Crispy Paneer Bites ₹395</p> <p><i>Crispy paneer bites blended with mashed potato, lightly seasoned and served with creamy truffle mayo for a rich, indulgent finish.</i></p> |
| <p>🕒 Garlic Toast / Cheese Toast ₹199 / 245</p> <p><i>Golden toasted bread brushed with garlic butter and herbs — simple, crispy, and delicious.</i></p> | <p>🕒 Classic French Fries ₹220</p> <p><i>Golden French fries served plain or tossed in bold peri-peri seasoning, perfectly crisp outside and fluffy inside.</i></p> |
| <p>🕒 Potato Wedges ₹210</p> <p><i>Crispy potato wedges, served plain or tossed in bold peri-peri seasoning, perfectly crisp outside and fluffy inside.</i></p> | <p>🕒 Tex-Mex Nachos — Veg ₹295</p> <p><i>Crispy tortilla chips layered with melted cheese, jalapeños, fresh tomato salsa and creamy sour cream for a bold Tex-Mex flavour.</i></p> |

— NON-VEGETARIAN —

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| <p>🕒 Kunafa Prawns NEW ₹410</p> <p><i>Juicy prawns wrapped in crispy kunafa strands and fried to golden perfection, served with a creamy dip for a crunchy seafood delight.</i></p> | <p>🕒 Chicken Nestling NEW ₹420</p> <p><i>Crispy seasoned chicken breast layered over mashed potato and mozzarella, finished with crispy kunafa topped with quail eggs.</i></p> |
| <p>🕒 Crispy Fried Chicken Tenders TOP ₹390</p> <p><i>Tender chicken breast strips coated in a light crispy batter, seasoned with peri-peri spice and served with spicy mayo.</i></p> | <p>🕒 Buttermilk Fried Chicken Bites ₹420</p> <p><i>Crispy fried chicken bites marinated in buttermilk & spices, glazed with honey mustard. 5 pieces.</i></p> |
| <p>🕒 BBQ Chicken / Hot & Spicy Wings TOP ₹375</p> <p><i>Crispy chicken wings tossed in a rich smoky BBQ sauce, delivering a perfect balance of sweetness and bold flavour.</i></p> | <p>🕒 Creamy Garlic Butter Prawns ₹485</p> <p><i>Juicy prawns sautéed in rich garlic butter and finished with a creamy sauce for a smooth, indulgent flavour.</i></p> |
| <p>🕒 Tex-Mex Nachos — Chicken ₹320</p> <p><i>Crispy tortilla chips layered with melted cheese, juicy chicken, jalapeños and fresh tomato salsa, finished with creamy sour cream for a bold Tex-Mex bite.</i></p> | |

★ SALADS ALL DAY

🕒 Caesar Salad (Veg / Chicken) TOP ₹ 325 / 345

Crisp lettuce, parmesan cheese, tossed in creamy Caesar dressing with garlic & pepper, served with garlic bread.

🕒 Protein Salad (Veg / Chicken) TOP ₹ 325 / 395

Nutritious mix of rajma, sweet corn, fresh sprouts & tender chicken, tossed with herbs, lemon and light seasoning.

🕒 Detox Salad (Veg / Chicken) ₹ 325 / 395

A refreshing mix of shredded vegetables, sprouts, tomato, cucumber, mango & onion tossed in a zesty citrus and goji berry dressing.

🕒 Greek Salad (Veg / Chicken) NEW ₹ 325 / 395

Cucumber, cherry tomatoes, olives, onion & feta cheese in a light lemon vinegar sauce.

★ SANDWICHES ALL DAY

🕒 Club Sandwich — Chicken TOP ₹ 395

Triple-layer sandwich loaded with juicy chicken, fresh veggies, cheese and creamy mayo, toasted to golden perfection.

🕒 Club Sandwich — Veg ₹ 330

Triple-layer sandwich loaded with fresh veggies, creamy mayo and cheese, toasted to golden perfection.

★ MAIN COURSE 11 AM – 11 PM

— VEGETARIAN —

🕒 Grilled Cottage Cheese Steak with Herb Rice TOP ₹ 525

Peri-peri grilled paneer steak served with aromatic herb rice and sautéed seasonal vegetables including broccoli, carrots, beans, bell peppers and corn.

🕒 Tofu Florentine ₹ 489

Pan-seared tofu in a creamy spinach, garlic & cream sauce, served with bread.

🕒 High-Protein Vegetarian Ensemble ₹ 535

Grilled cottage cheese with protein salad, orange wedges and sautéed vegetables, finished with peri-peri sauce and a creamy cheese dressing.

🕒 Traditional Zurich with Herb Rice ₹ 485

A comforting creamy mushroom stew with broccoli, zucchini and carrots, served with fragrant herb-infused rice.

— NON-VEGETARIAN —

🕒 High-Protein Chicken Ensemble ₹ 540

Roasted chicken served with protein salad, orange segments and scrambled egg, finished with a rich white cheese cream sauce.

🕒 Herb Grilled Chicken Steak TOP ₹ 540

Juicy grilled chicken breast served with mashed potatoes, grilled English vegetables and rich demi-glace jus.

🕒 Chicken Stroganoff with Buttered Rice TOP ₹ 510

Tender chicken breast in a creamy mushroom and capsicum sauce, served with buttery herb rice.

🕒 Chipotle Chicken Steak ₹ 550

Chicken steak rubbed with smoky chipotle spices, grilled veggies served with herb rice.

🕒 Pan-Seared Fish Fillet ₹ 599

Fish fillet marinated with peri peri spices, salt, pepper and lemon juice, pan-seared to perfection and served with herb rice, sautéed vegetables and a drizzle of tangy lemon butter sauce.

★ PASTA ALL DAY

🕒 Penne Alfredo — Veg TOP ₹ 395

Al dente penne in a velvety butter, cream and herb Alfredo sauce.

🕒 Penne Alfredo — Chicken TOP ₹ 440

Al dente penne in a velvety Alfredo sauce with juicy grilled chicken and aromatic herbs.

🕒 Penne Arrabiata — Veg ₹ 395

Al dente penne in a spicy Italian tomato sauce with garlic, chilli flakes and herbs.

🕒 Penne Arrabiata — Chicken ₹ 440

Penne with tender chicken in spicy tomato sauce, garlic, chilli and Italian herbs.

🕒 Veg Ravioli ₹ 440

Handcrafted ravioli with savoury vegetable stuffing, served in a rich flavourful sauce.

🕒 Chicken Ravioli ₹ 520

Delicate ravioli stuffed with seasoned chicken in a creamy herb and garlic sauce.

🕒 Veg Lasagna ₹ 425

Pasta sheets layered with tomato sauce, sautéed vegetables and béchamel, baked with melted cheese.

🕒 Chicken Lasagna SIGNATURE ₹ 540

Pasta layered with minced chicken, tomato sauce, béchamel and melted cheese, baked golden.

★ PIZZA ALL DAY

🕒 Garden Veg Pizza TOP ₹ 449

Tomato base topped with seasonal vegetables, mozzarella cheese, olive oil & dried oregano.

🕒 Peri Peri Cottage Cheese Pizza ₹ 530

Peri peri sauce base topped with paneer, red onion, bell peppers & mozzarella cheese.

🕒 Cowboy Chicken Pizza TOP ₹ 545

Grilled chicken, spicy sausages, veggies & mozzarella on a crispy, smoky base.

🕒 Tandoor Chicken Pizza SIGNATURE ₹ 545

Tandoori chicken masala with roasted capsicum and melted mozzarella on a stone-baked crust.

🕒 Tandoori Paneer Pizza ₹ 545

Tandoori-marinated paneer, onions and capsicum baked with melted cheese on a crispy crust.

🕒 Chicken Bolognese Pizza ₹ 545

Chicken bolognese sauce with mozzarella on a crispy stone-baked crust.

★ Chef's Signature Pizza

Ask your server for today's creation

Ask Server

★ FRESHLY STACKED BURGERS

All Day

🕒 Southern Buttermilk Chicken Burger ₹ 365

Crispy buttermilk chicken breast layered with Caesar mayo, sorange, onions, fresh veggies and cheese in a toasted sesame bun.

🕒 Spiced Dynamite Chicken Burger ₹ 365

Crispy breaded chicken layered in a soft bun with fresh slaw and creamy cocktail mayo for a stellar bite.

🕒 Garden Vegetable Burger ₹ 345

Mixed veg patty with carrot, corn, peas and zucchini, layered with fresh greens and cheese in a toasted bun.

🕒 Grilled Cottage Cheese Burger ₹ 365

Grilled paneer and potato patty with creamy truffle mayo, served in a soft toasted bun.

HEALTHY LIFE

Clean Eating · High Protein · Macro-Conscious

— NON-VEGETARIAN —

🍷 Chicken Tetrazzini Steak ₹ 559

Chicken steak in a light tetrazzini spice sauce with wild mushrooms, white wine & grain rice.

🍷 Grilled Chicken w/ Creamy Pesto ₹ 549

Grilled chicken with creamy basil pesto, sautéed zucchini, cherry tomatoes & a drizzle of olive oil.

🍷 Mediterranean Grilled Chicken NEW ₹ 490

Lemon-herb grilled chicken with house hummus, tabbouleh, cucumber, olives & warm pita bread.

🍷 Cobb Salad — Chicken TOP ₹ 389

Grilled chicken, boiled egg, avocado, crispy bacon, cherry tomatoes & romaine in a house dressing.

— VEGETARIAN —

🍷 Whole Wheat Penne — Basil Pesto NEW ₹ 409

Whole wheat penne tossed in fresh basil pesto, garlic, olive oil & parmesan. No cream added.

— PROTEIN SMOOTHIES —

🍷 Peanut Butter Smoothie ₹ 279

Creamy blend of natural peanut butter, banana, full-cream milk & a scoop of protein — rich, filling and fuel-packed.

🍷 Mango Spinach Smoothie ₹ 259

Fresh mango blended with baby spinach, banana & coconut milk — naturally sweet, nutrient-dense and energising.

🍷 Mixed Berry Protein Smoothie ₹ 289

Blueberries, strawberries & raspberries blended with Greek yogurt and honey — antioxidant-rich and protein-boosted.

DESSERTS ALL DAY

🍷 New York Blueberry Cheesecake TOP ₹ 299

Creamy New York-style cheesecake on a butter biscuit base, topped with blueberry compote.

🍷 Classic Italian Tiramisu ₹ 289

Ladyfingers soaked in espresso, layered with mascarpone cream & dusted with Belgian cocoa.

🍷 Lotus Biscoff Cheesecake ₹ 319

Creamy Biscoff cheesecake on a Biscoff crumble base with salted caramel drizzle.

🍷 Brownie with Ice Cream ₹ 279

Warm fudgy chocolate brownie served with vanilla ice cream & hot chocolate fudge sauce.

🍷 Triple Chocolate Mousse Cake ₹ 349

Three layers of dark, milk & white chocolate mousse on a cocoa sponge base — a chocoholic's dream.

🍷 Kunafa Bird Nest ₹ 375

Crispy shredded wheat nest filled with creamy cheese, topped with French vanilla ice cream, pistachio sauce, shredded pistachio nuts & spun sugar candy threads.

🍷 Chocolate Croissant ₹ 149

Flaky, buttery croissant filled with rich dark chocolate — freshly baked and served warm.

🍷 Dessert of the Month

Ask your server for this month's special

Ask Server

MORE DESSERTS ALL DAY

🍷 Butter Croissant ₹ 129

Classic golden croissant with layers of light, flaky pastry and a rich buttery finish.

🍷 Korean Cheese Bun ₹ 199

Soft, pillowy bun filled with stretchy molten cheese — a viral Korean street favourite.

★ BEVERAGES ALL DAY

- ☉ **Cappuccino** ₹ 229
Double espresso shot with velvety steamed milk microfoam.
- ☉ **Hazelnut / Vanilla / Plain Latte** ₹ 249 / 249 / 229
Double espresso with steamed milk in your choice of hazelnut, vanilla or plain.
- ☉ **TFM Signature Hot Chocolate** SIGNATURE ₹ 269
Rich Belgian cocoa blended with steamed milk.
- ☉ **Roasted Hazelnut Hot Chocolate** ₹ 289
Dark cocoa steamed with milk & roasted hazelnut paste.
- ☉ **Americano / Madras Filter Coffee** ₹ 199 / 149
Bold espresso americano or authentic Madras filter coffee. Hot or iced.
- ☉ **Cold Coffee — Plain / Hazelnut** ₹ 239 / 269
Cold coffee blended with full-cream milk & ice. Plain or hazelnut flavour.
- ☉ **Virgin Mojito** ₹ 199
Fresh lime juice, mint leaves, sugar syrup & soda water served over ice — light, refreshing and zesty.
- ☉ **Blue Lagoon** ₹ 219
Blue curacao syrup, lime juice & sparkling soda over ice.
- ☉ **Coconut Cooler** ₹ 199
Fresh coconut water blended with lime juice, mint & a hint of ginger — chilled, light and naturally refreshing.
- ☉ **Brownie Chocolate Milkshake** ₹ 249
Thick milkshake blended with brownie chunks, chocolate ice cream & full-cream milk.
- ☉ **Fresh Watermelon Juice** ₹ 179
Fresh cold-pressed watermelon juice. Seasonal, chilled & no added sugar.
- ☉ **Orange Juice** ₹ 199
Freshly squeezed orange juice, chilled & served with no added sugar.
- ☉ **Peach Iced Tea** ₹ 199
Freshly brewed tea with peach syrup, a squeeze of lemon & served over ice.
- ☉ **Lemon Iced Tea** ₹ 179
Freshly brewed tea with fresh lemon juice, honey & served chilled over ice.
- ☉ **Lemon Mint Cooler** ₹ 179
Fresh lemon juice, mint leaves & house syrup.
- ☉ **Oreo Milkshake** ₹ 249
Thick milkshake blended with crushed Oreo cookies, vanilla ice cream & full-cream milk.
- ☉ **Chocolate Milkshake** ₹ 249
Rich milkshake blended with Belgian cocoa, chocolate ice cream & full-cream milk.

— BETTER TOGETHER —

Curated Pairings at a Saving

COMBO	INCLUDES	SAVING	PRICE
Soup + Main Set <i>Any TFM soup paired with any main course</i>		Save ₹100	₹749
Pasta Dinner Set <i>Any pasta · Cheesecake or Tiramisu · any hot beverage</i>		Save ₹80	₹749
Grill & Stack Meal <i>Any Grill & Stack burger with fries and a beverage</i>		Save ₹70	₹549
HL Protein Lunch Set <i>Cobb or Caesar Salad paired with any Healthy Life main</i>		Save ₹90	₹749

Macro information available on request for all Healthy Life items

◆ MENU ITEMS ARE SUBJECT TO SEASONAL AVAILABILITY ◆

THE FRESHLYMADE

RESTO CAFE

Thoughtfully crafted. Elegantly served.

RA Puram · Velachery

*We are
Open!*

**COME SAVOR
THE FLAVOR**

